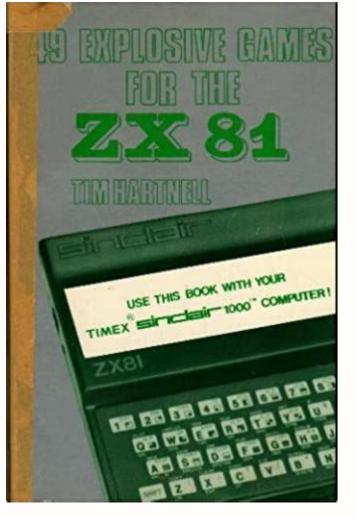
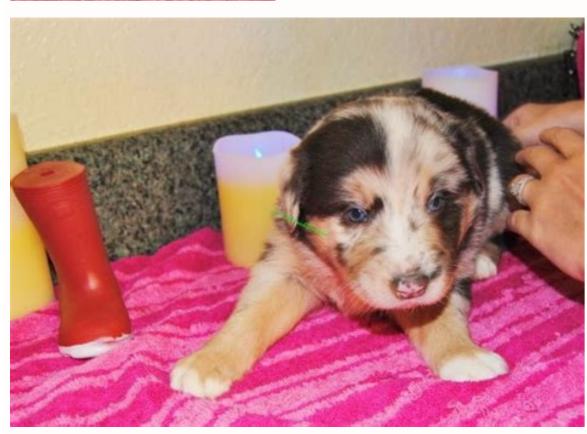
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Educational significance of synthesis objectives. Philosophical arguments for the cultivation of synthesis objectives are numerous and need not be documented herectives are numerous and need not be documented herectives are numerous and need not be documented and action are disparation, and independence of thought and action as against dependence. Personal expression is viewed as an end in itself; it is living at its best and fullest. Independence of thought and action are defended largely on social grounds: a democratic society thrives best when its citizen are able to arrive at their own decisions rather than where someone in authority does the thinking for them.

One could cite many articles and studies which deplore the neglect of synthesis objectives. A fairly common them is that current programs overemphasize activities in which is that current programs overemphasize activities in which

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Want to cut the cord but want to keep live sports, news and originals? YouTube TV, Hulu Plus Live TV or Sling TV may be of use to you. How these 1930s maps left areas with fewer trees More than 50 years after the Fair Housing Act of 1968 banned excessive pruning, the lasting effect has left many low-income, often colored, communities with fewer trees to keep their areas cool. In the United States, the rate of obese children and adolescents has more than tripled since the 1970s1. 2017-2018 In 2010, every fifth school-aged child was obese (20.3% of all children aged 6-11). old, 21.2% of all 12-19-year-olds)1. The prevalence of obesity among children 2 to 19 years of age was 25.6% among Hispanic children, 24.2% among Black children, 16.1% among Caucasian children, and 8.7% among Asian children, 16.1% among Caucasian children, 16.1% among Cauc time. Negative events in childhood. Genetic factors cannot be changed. However, people and places can play a role in helping children reach and maintain a healthy weight. Changes in the environment in which young people spend time, such as at home, school and public places, can make it easier for them to access nutritious food and exercise. Schools can adopt policies and practices to help young people eat more fruit and vegetables, consume fewer foods and drinks high in sugar or solid fat, and increase the number of minutes of physical activity per day. 3, 7-9 These types of programs and policies in and out of school can be cost-effective and even save money. 10,11 The Covid-19 pandemic has disrupted students' daily routines and access to the school environment. During the pandemic period (June 1 to November 2020), children gained weight faster than children of primary school age (6-11 years old), the dynamics of changes in BMI was 2.5 times higher than before the pandemic. 15 Schools are a priority for obesity prevention efforts because they reach the vast majority of school-age youth, provide regular opportunities for physical activity, healthy eating, and services provided by school nurses and counselors. An integrated approach is effective in combating childhood obesity in schools, especially among primary and secondary school students. 13-15 Researchers are less aware of which school-based approaches to obesity prevention are effective in adolescents.13-15 An integrated approach means focusing on nutrition and physical activity in schools and even involving school nurses, parents, quardians and other members of the community (e.g. pediatricians, organizers of extracurricular activities) in this process. This approach is designed to promote the health and well-being of all students. It does not distinguish students by their weight or height. Overweight and obesity are sensitive issues for students and their families that need to be approached with empathy, understanding, and care.16 School programs that encourage physical activity and improve nutrition do not appear to increase depression, anxiety, or physical problems. dissatisfaction; however, many studies do not collect information about these unintended consequences. 15 To avoid embarrassing or embarrassing or embarrassing students, schools about obesity. 17 School nurses play an important role in preventing and reducing overweight and obesity. 18 chools should not emphasize appearances or reinforce negative stereotypes about obesity. social and health needs of overweight or obese children and young adults 16 School nurses have the knowledge and skills to: Create a culture of health and well-being in the school policies and strategies on health year professionals. Lead the school community to influence policy changes that strengthen healthy eating, physical education, and physical activity before, during, and after school. For more information on childhood obesity, see Healthy weight and obesity in children and adolescents. Fryar CD, Carroll MD, Afful J. Prevalence of overweight, obesity, and severe obesity in children and adolescents aged 2-19 years: United States, 1963-1965-2017-2018. NCHS Health eStatistics. The year 2020. Swinburn BA, Sacks G, Hall KD et al. The global obesity pandemic: shaped by global factors and the local environment. Lancet 2011;378(9793):804-814. Institute of Medicine. Accelerating progress in obesity prevention: reducing the nation's weight. Washington, DC: National Academies Press; 2012. Eisenburg LK, Can Wijk KJE, Liefbroer AC, Smidt N. Accumulation of adverse events in children and obesity in children: a systematic review and meta-analysis, obesity, 2017;25(5):820-832. Danese A, Tan M. 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