


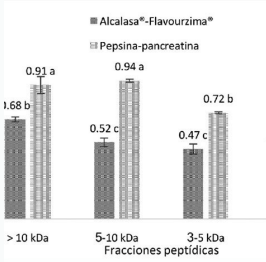
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Self-Report Issues in Alcohol Abuse: State of the Art and Future Directions

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Two decades of studies evaluating the reliability and accuracy of alcohol abusers' self-reports have found that alcohol abusers' self-reports are generally veridical, as long as the interviews are conducted in a clinical or research setting, and when clients are alcohol-free and given assurances of confidentiality. Although this statement gives cause for optimism, it is also the case that virtually all studies find that a small proportion of alcohol abusers' self-reports are inaccurate. Since several comprehensive reviews of the literature on the accuracy of alcohol abusers' self-reports have appeared recently, this paper addresses issues not previously considered, including possible research strategies for enhancing the accuracy of self-reports and for predicting inaccurate self-reports. Finally, a major advance in the alcohol field is that researchers have recognized that issues surrounding the accuracy of self-reports are more complex than simply asking whether or not reports are correct.

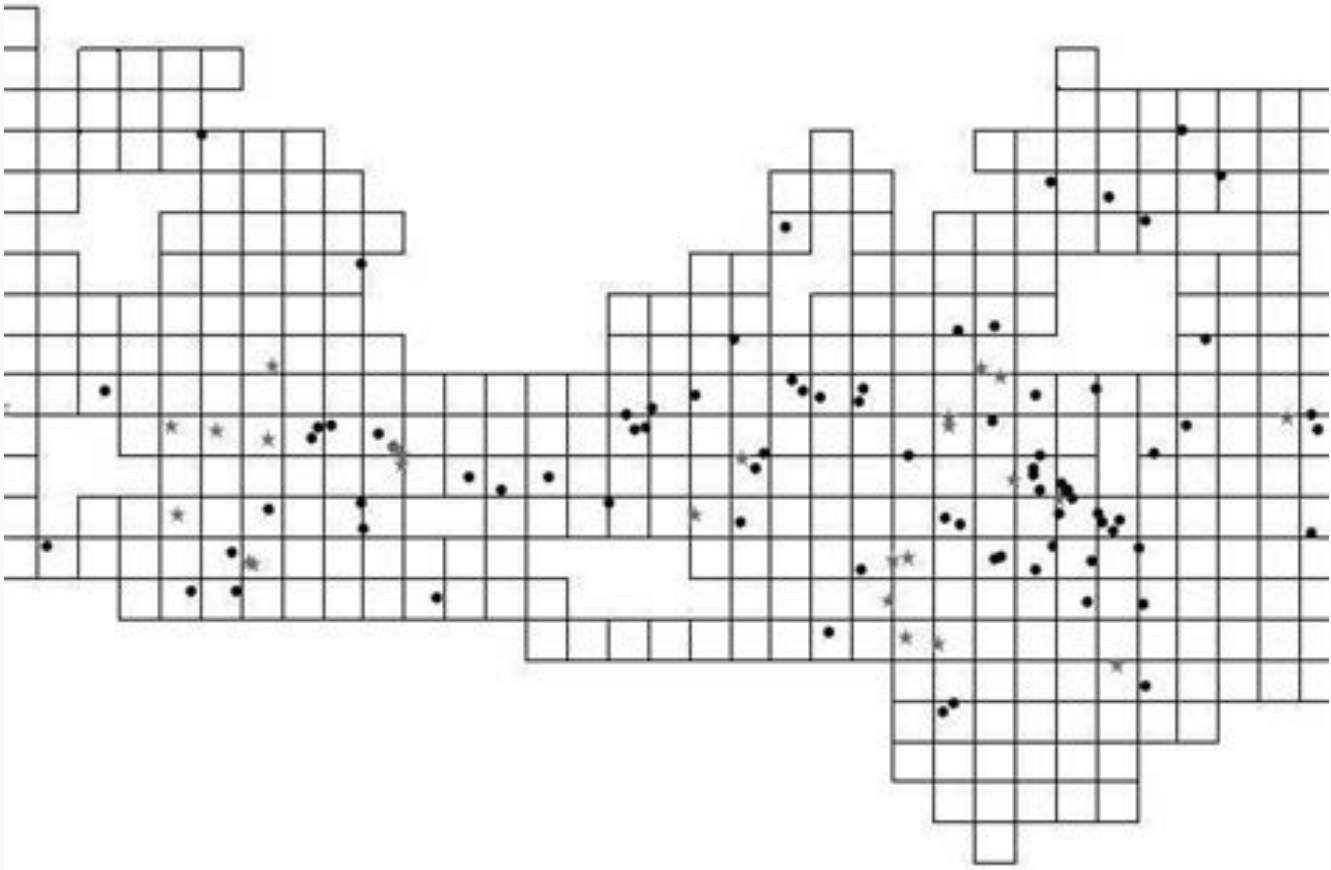
In the alcohol field, alcohol abusers' verbal reports are vital to a variety of clinical and research endeavors: diagnoses, assessment, treatment planning, referral, epidemiological reports, medical treatment, and treatment outcome evaluation (Babor, Stephens, & Marlatt, 1987; Davies, 1987; Sobell & Sobell, 1986). In studying and treating alcohol problems, individuals schooled in a variety of disciplines (e.g., medicine, psychology, epidemiology, sociology, other health care professions) ask questions about a plethora of behaviors which often cannot be assessed by means other than the client's verbal report. Furthermore, "most of the phenomena researchers attempt to measure are behaviors or events that can only be

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Luke 1:56 mentions that Mary stayed with Elizabeth for three months or 90 days before she gave birth to John the Baptist. Contrary to popular belief, there are no health benefits of grain-free or exotic ingredient diets except in the rare case of food allergy. Current thoughts on DCM Currently, it appears that there may be three separate groups of dogs with DCM (although this may change as we learn more). If all of a triangle's angles are less than 90 degrees, it's considered an acute triangle. To be sure this information reaches as wide an audience as possible and to clear up confusion, I thought I'd provide some updates to address the most common misconceptions I'm hearing: It's not just grain-free. Common questions We still have a great deal to learn about diet-associated DCM. However, I'm providing answers to some common questions I've been getting based on what is currently known: What's causing diet-associated DCM in dogs? This does not appear to be just an issue with grain-free diets. I am calling the suspected diets, "BEG" diets - boutique companies, exotic ingredients, or grain-free diets. The apparent link between BEG diets and DCM may be due to ingredients used to replace grains in grain-free diets, such as lentils or chickpeas, but also may be due to other common ingredients commonly found in BEG diets, such as exotic meats, vegetables, and fruits. In addition, not all pet food manufacturers have the same level of nutritional expertise and quality control, and this variability could introduce potential issues with some products. For the vast majority of dogs, we do not yet know what is causing this disease. In the NFL, 2002 Defensive Rookie of the Year and seven-time Pro Bowler Julius Peppers is one of the most notable players to ever wear the number 90 on his uniform. In NASCAR, drivers Dick Brooks and Jody Ridley were two of the most famous drivers of the number 90 car. The Number 90 in SportsThe Number 90 in ScienceOn the periodic table, thorium (Th) is assigned the number 90. I've talked to owners who feel terrible because they wanted to provide the finest care for their dog by feeding them the best diet possible. Three updates to my previous post are: Taurine supplements: Consumer Lab is expected to release a report on independent quality control testing of taurine supplements in late 2018. If you notice any of these, get your dog checked out by your veterinarian who will listen for a heart murmur or abnormal heart rhythm (although not all dogs with DCM have any changes that can be heard with a stethoscope). In the Jewish Torah, it's mentioned that Abraham is 90 and 9 years old at the time of his circumcision. Authors Laura Ingalls Wilder and Upton Sinclair also died at age 90. I am listing them in the approximate frequency that we are currently seeing them in our hospital: Diet-associated DCM with normal taurine levels. Given the lack of quality control for dietary supplements (human and pet), having these results will be very useful to find good quality products for dogs that require taurine supplementation. They often spent a lot of money buying an expensive boutique diet and now that same diet may be associated with their dog's heart disease. Ask your veterinarian to measure taurine levels and give heart medications as directed by your veterinarian. If my dog is eating a BEG diet but has no symptoms, should I test for DCM or switch to a different diet? If your dog has no symptoms, additional testing is really up to you. Some owners have measured plasma and whole blood taurine levels or scheduled an echocardiogram to check their dog's heart size and function. However, given the cost of an echocardiogram, other owners have elected to have their veterinarian do a blood test called NT-proBNP, which goes up when the heart is enlarged. While a normal value doesn't guarantee your dog has no heart disease, a high level suggests your dog's heart should be evaluated further. If one angle of a triangle is larger than 90 degrees, it's considered an obtuse triangle. The Number 90 in Geography The latitude for both the North Pole and South Pole is 90 degrees. Outcome: Not all dogs with DCM will improve and improvements in the echocardiogram, when they do occur, can take a long time (often more than 6 months). If your dog is a part of your family and you want to feed him the very best, be sure to base this important decision on more objective factors than marketing and the ingredient list (see our post). The numbers 1, 2, 3, 5, 6, 9, 10, 15, 18, 30, 45 and 90 are all factors of 90. The number 90 is important throughout the world of sports, ranging from field regulations to jersey numbers. What should I do? Raw diets and homemade diets are not safe alternatives. Some owners continue to feed a BEG diet but supplement taurine thinking that this will reduce their risk for heart disease. In our hospital, we currently measure taurine in all dogs with DCM, but more than 90% of our patients with DCM in which taurine has been measured have normal levels (and the majority are eating BEG diets). Yet some of these dogs with DCM and normal taurine levels improve when their diets are changed. This suggests that there's something else playing a role in most cases - either a deficiency of a different nutrient or even a toxicity that may be associated with BEG diets. Giving taurine is unlikely to prevent DCM unless your dog has taurine deficiency. And given the lack of quality control for dietary supplements, you can introduce new risks to your dog if you give a supplement without evidence that she needs it. There are definitely some dogs with DCM that have low taurine levels, many of which will improve with taurine supplementation and change of diet. For dogs that have normal taurine levels, however, other nutritional deficiencies may be present. Trying to decide what is really the best food is confusing and difficult because of the many different products available, nutrition fads, and compelling marketing. Other dogs in the household: We are now recommending that other dogs in the household of dogs with DCM that are eating the same BEG diet be screened by their veterinarian since their hearts could also be affected (even if they are showing no symptoms). Professional soccer matches are 90 minutes long and divided into two 45-minute halves. It's a radioactive metal that was discovered in 1828 and was first used to create a gas mantle. The Number 90 in GeometryIn geometry, a right angle is exactly 90 degrees. Some nutritional deficiencies can affect the heart's normal function, so an insufficient amount of these nutrients (or reduced bioavailability) in the diet could cause heart disease. Diet-associated DCM could also be due to an ingredient in the food that is toxic to the heart. The FDA and many researchers are actively studying this issue so that it can be solved as quickly as possible. It runs across the northern part of the country from Seattle to Boston. A systolic number (the top number) below 90 is considered low blood pressure, while a diastolic number (the bottom number) above 90 is considered high blood pressure. Famous People Who Lived to Age 90 British Prime Minister Winston Churchill died at age 90 in 1965. Out of concern, some owners are switching from BEG diets to a raw or home-cooked diet. However, we have diagnosed DCM in dogs eating these diets too. And raw and home-cooked diets increase your dog's risk for many other health problems. So, forego the raw or home-cooked diets and stick with a commercial pet food made by a well-established manufacturer that contains common ingredients, including grains. If your dog requires a home-prepared diet for a medical condition or you feel strongly about feeding one, I strongly recommend you consult with a Board-Certified Veterinary Nutritionist® (acvn.org). However, because home-cooked diets are not tested for safety and nutritional adequacy like good quality commercial diets, deficiencies could still develop. However, that doesn't mean cats are immune. If your cat is diagnosed with DCM and is eating a BEG, vegetarian, vegan, or home-prepared diet, I recommend following the same protocol as described for dogs with DCM. Chapter 90 of the Qur'an is called Al-Balad. The Number 90 in Health The number 90 plays an important role in blood pressure readings. boutiquecardiomyopathyDCMdogexoticgrain-freeheart disease Subscribe to always know when we add new material! Recommended Posts April 25, 2022 April 04, 2022 March 21, 2022 Other famous people who lived to this age include Herbert Hoover, Florence Nightingale, Colonel Harland Sanders, Clara Barton, Yogi Berra, Chuck Berry, George Martin, Marlene Dietrich, Paul Harvey, Don Rickles, Jack Klugman, and Richard Attenborough. While this form of the disease was first identified in dogs of breeds not predisposed to DCM that are eating BEG diets, it appears to also occur in dogs of typical DCM breeds that are eating a BEG diet. Be sure to watch for early signs of heart disease - weakness, slowing down, less able to exercise, shortness of breath, coughing, or fainting. As a result of the continued confusion, some of my cardiologist colleagues and I wrote an article which was published in the latest issue of the Journal of the American Veterinary Medical Association. This article provides a summary of our current understanding of diet-associated dilated cardiomyopathy (DCM), how to recognize it, and a recommended protocol for veterinarians to follow when they see dogs with DCM. You can help your veterinarian by bringing a list of everything your dog eats to every appointment. My dog was diagnosed with DCM. It also runs through major cities, like Chicago, Cleveland and Buffalo, and 13 states. The Number 90 in Religion The number 90 is mentioned at least five times in the Christian Bible. The association between BEG diets and heart disease has only been reported in dogs so far. In the United States, Interstate 90 is the longest interstate highway in the country. This appears to happen both in breeds predisposed to DCM and breeds that are not predisposed to DCM. MORE FROM REFERENCE.COM You may have read my June 4 post, "A broken heart: Risk of heart disease in boutique or grain-free diets and exotic ingredients." This post had more than 180,000 page views in the first week and continues to get more than 2000 page views a day. So, I'm pleased that people are interested in this important issue and trying to learn about it. But I've also found a tremendous amount of confusion and misinformation in the past 5 months including people who doubt that this is a real issue, some who still haven't heard about it, and people who mistakenly think it's just grain-free diets or that it's only related to taurine. If your dog is eating a BEG diet or other unconventional diet (including vegetarian, vegan, or home-prepared diets), I recommend following the steps outlined in my previous post, including switching to a non-BEG diet. However, given the fact that we don't yet understand why BEG diets are affecting some dogs and because DCM is a life-threatening disease, I recommend you reconsider your dog's diet until we know more. Has diet-associated DCM been seen in cats? Mr. Matté/Wikimedia Commons The number 90 is spelled ninety. To call Turkey internationally, one must first dial +90. Lastly, if your dog has been eating a BEG diet and has been diagnosed with DCM, please don't feel guilty. Your veterinarian or veterinary cardiologist can help you determine an optimal dose for your dog. Diet-associated DCM with taurine deficiency: This is the least common form we are seeing in our hospital. In Major League Baseball, each base is 90 feet away from the other, meaning the infield is a perfect square of 90 feet on each side. It's unlikely that most dogs eating a BEG diet will develop DCM. A right-angled triangle is when a triangle has one angle that is a right angle or 90 degrees. Some people mistakenly spell it ninty, dropping the "e," but this spelling is incorrect. An even number, 90 is also a unitary perfect number, semiperfect number, pronic number, harshad number, and Perrin number. This is the traditional, genetically-related DCM in typical breeds, such as the Doberman Pinscher, Boxer, Irish Wolfhound, and Great Dane. Most dogs being diagnosed with DCM do not have low taurine levels. Primary DCM in predisposed breeds that is unrelated to diet. My hope is that the one bright side of this serious situation is that it will shine a light on the complexities of making safe and nutritious pet food and the importance of nutritional expertise and quality control, rather than just what is new and trendy. Your veterinarian (or a veterinary cardiologist) may do additional tests, such as x-rays, blood tests, electrocardiogram, and ultrasound of the heart (echocardiogram - the test of choice to diagnose DCM).Tell your veterinarian what you're feeding your dog.

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